

A BOOT UP SWALEDALE

Keith Wood

A new title for the "A Boot up..." series of leisure walk books.

Swaledale the most northerly of the three main dales running through the Yorkshire Dales National Park offers both easy and more challenging walking in magnificent surroundings. The landscape now dominated by the local Swaledale sheep was only as little as 150 years ago an industrial landscape filled with the smoke and fumes from the lead mining industry.

In line with other books in the series 10 walks have been selected with the majority being short and easy; suitable for a half day with the family, but also including a couple more challenging walks to give a taste of the fell walking also available. The walks explore both the riverbank and the remains of the lead mining heritage.

ABOUT THE AUTHOR

Keith Wood is an experienced and much published local photographer and writer who has lived in Penrith on the edge of the Lake District for over 12 years. His work has been published in all the local interest periodicals including *Cumbria*, *Cumbria Life*, and *Lakeland Walker*. Additionally his work has been regularly used by Friends of the Lake District to illustrate their publications and calendars. He is a contributor to the Britain on View photo library. *A Boot up Swaledale* is the first of three books of Yorkshire Dales walks following five books of Lake District Walks in the "Boot up" series.

HALSGROVE CATALOGUE

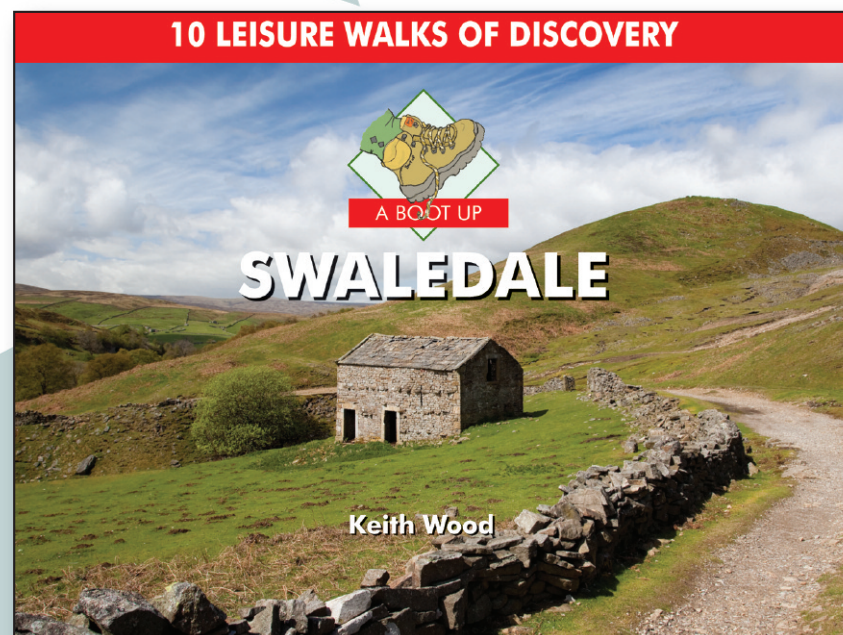
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A BOOT UP SWALEDALE



Calver Hill




Cogden Gill



River Swale near Isles Bridge


1 Swinner Gill from Kield



high level path into the confines of Swinner Gill.

4 Approaching the head of the gill as the path swings around to head up to the remains of the mine workings a path signed "FP" to "Mukar" diverts back heading down to the valley bottom on the same side of the gill. But first take the narrow path signed "FP Mukar" heading back down the gill with the

1 Swinner Gill from Kield



stream down below in the ravine to the left. Working back along Swinner Gill the view opens out along Swaledale. The path drops steeply down to the valley bottom and crosses Swinner Gill over a set of stepping stones before rising back up the opposite bank. A series of waterfalls are to be seen below on the right. Cross over a stile and continue on the narrow path as it proceeds along the valley heading towards the Swale. Approaching the end of the valley the path descends to meet the main bridleway between Mukar and Kield.

5 Drop down to join the main bridleway; turn right and now follow this clear route following the Swale all the way back to Kield. The bridleway crosses back over Swinner

Example of a double-page spread.



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